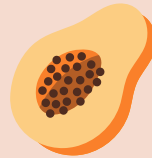


Healthy Lifestyle Coach

Group 5



Meet the Team

Team Lead



Meaghan



Patricia



Mentor

Scott Larocca



Gannon



Javier



Intro

- Promotion of healthy lifestyles in this digital age
- Social well-being on general health
- Many smart devices to keep track of our well beings
- There are only a few, if not any, that track social well being
- Close this gap by creating a progressive and interactive web application

Our goal with this pilot is to redefine what it means to lead a healthy, balanced existence in the connected world of today.



Our Client

Dr. Okim Kang



- NAU Professor in the Department of English
- Linguistic stereotyping and social justice
 - Researching the impact of accents

Specific Examples:

- Patent for computer program analyzing accents
- Learn reasons why students carry language-bias

The Problem



- What are current patterns in youth health?
- How do different aspects of health intertwine?
 - Physical? Mental? Social?
- How can adolescents better their health for their future?





Presenting...

Bee Balanced



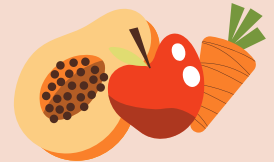
Solution/Plan for Development

1	Refining Requirements
2	Researching Technologies
3	Feature Implementation
4	Develop Minimum Viable Product
5	User Feedback



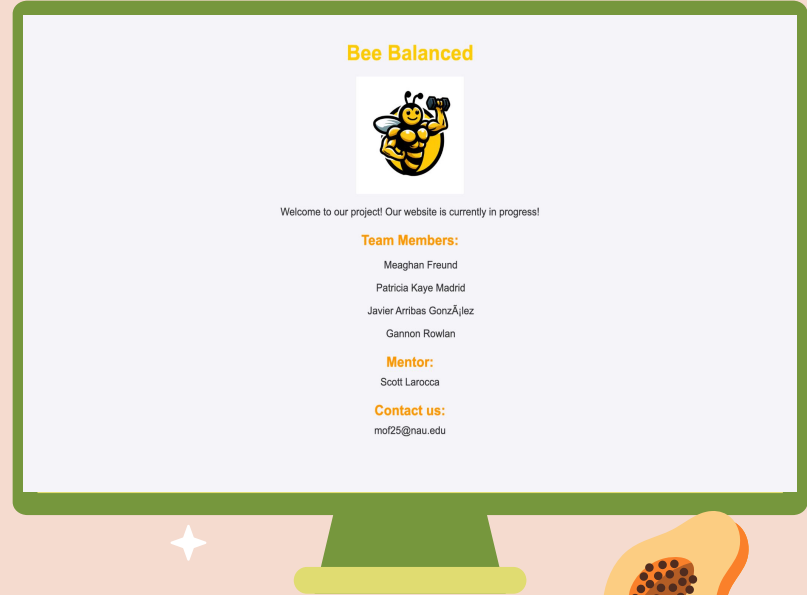
Solution:

Currently, we plan to develop a WebApp that will prompt users to periodically answer questions about their daily mental and physical health, such as, “How much water have you drank today?” Based on their responses, the app will provide interactive, useful feedback.





Conclusion



Thanks!



**Do you have any
questions?**



https://ceias.nau.edu/capstone/projects/CS/2025/BeeBalanced_F24/

